



**Event: Happy Hour
Dick Stacey Duo— Piano/Vocal/
Clarinet**

Date: Friday, July 2
Time: 3 PM
Place: Skyline Room
Cost: \$2 Guests—Please RSVP

**Event: Historical Educational Lec-
ture— Dr. James Revell PhD
(The Erie Canal—the Making of the
Genesee Region)**

Date: Tuesday, July 6
Time: 3 PM
Place: Skyline Room
Cost: FREE

**Event: Diabetes Seminar—Sharon
Maronano—Speaker Presented by
Rural Health Network/Newark Hospi-
tal**

Date: Thursday, July 15
Time: 2-3 PM
Place: Fireside Dining Room
Cost: FREE refreshments provided

**Event: Educational Lecture—
Doris Adamek History of Broadway
Early 1900's**

Date: Friday, July 16
Time: 3 PM
Place: Skyline Room
Cost: \$2 Guests— Please RSVP

**Event: Seminar Series Wellness Talk
Stroke Awareness Pat Meig—Home In-
stead**

Date: Tuesday, July 20
Time: 3 PM
Place: Skyline Room
Cost: \$2 Guests— Please RSVP

**Event: Resident Birthday Party –
Denny and Her Escorts Trio—
Keyboard/Vocals**

Date: Friday, July 23
Time: 3 PM

The Parkwood Post

Coming in August :
the Parkwood Heights
Annual Clam Bake
on August 26, 2010
from 4-6 PM.

Also join us for our
**Historical Educational
Series.**



Parkwood Heights is proud of its participation with the local Listening post. The Listening Post is a group of Seniors that are paired up with children from the local middle school to just talk and socialize about what is going on in their lives. It was created to break down barriers between the generations and to promote the importance of having a positive environment for the children to thrive and grow.

“We are able to break down the age barrier between us and the children and just talk”, said resident of 3 years Tom S., “We have the same likes and dislikes—no matter the age.” Tom explained that when he leaves the listening post he feels younger and more youthful and he hopes the children feel relaxed and comfortable talking to us about their lives and the issues that they face at home and at school.

Another resident of Parkwood Heights, Gerry K., who has participated in the Listening Post for 3 years explained why he looks forward to it each year. “ You feel as if you are making a difference in someone’s life.... A connection” “I think it makes the kids feel important, which they are, and we learn from them just as much as they learn from us”. I enjoy it very much and wish the program went longer than 6 weeks”.

When the group meets, they play games and eat lunch and talk about what they like to do and what is going on around them. There is a lot of laughter and positive reinforcement. Parkwood Heights is proud to be a part of the Listening Post and plans to continue the program in the future.

Kate's Korner:

This month our Senior Seminar will be by presented by **Patricia Meig from Home Instead Senior Care.** The topic will discuss **Stroke Awareness.** This seminar lends itself to being one where much education on prevention may prove to be life saving for many of us!

Please join us in the Skyline Room on Tuesday afternoon on **July 20th at 3:00 PM** for this informational lecture.

As always I welcome any suggestions regarding educational topics that you would enjoy having shared here at Parkwood Heights. Thank You! **Kate O'Brien, Executive Director**



A NEW
TOMORROW

Parkwood Heights

Senior Living Campus

1340 Parkwood Drive
Macedon, NY 14502

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LOTS
LEFT!!!



“Tickled Pink”
that WE chose
Parkwood Heights

.....
NOW
it's *your* turn!

